

Make sure to monitor your symptoms and continue to take COVID-19 preventative practices. Side effects may feel like the flu and even affect your ability to do daily activities, but should go away in a few days. Common side effects from the vaccine include:

# FOR YOUR ARM WHERE YOU GOT THE SHOT:

- Pain
- Swelling

#### THROUGHOUT YOUR BODY:

- Fever
- Chills
- Tiredness
- Headaches

## **Please Remember**

With most COVID-19 vaccines, *you will need 2 shots in order for them to work*. Get the second shot even if you have side effects after the first one. It takes time for your body to build protection after any vaccination. COVID-19 vaccines that require 2 shots may not protect you until a week or two after your second shot.

Please continue to wear facial coverings around others, practice social distancing (6 feet), wash your hands and stay home as much as possible.

When to Contact Your Doctor or Healthcare Provider:

- If redness or tenderness where you got your shot increases after 24 hours
- If your side effects are worrying you or do not go away after a few days

#### vsafe.cdc.gov

V-safe is a smartphone-based tool that checks in on you after your COVID-19 vaccination. Your participation helps keep COVID-19 vaccines safe — for you and for everyone. Register for v-safe at this link: https://vsafe.cdc.gov/ where you will enter your vaccine information and start your health check-ins!

















Now that you have received a COVID-19 vaccine from HCPH, please wait 15 minutes in the designated zone before leaving the premises. (30 minutes if you have a history of anaphylaxis).

# Honk your horn for assistance if you experience:

- Hives: red raised areas on the skin all over your body
- Swelling: other than near the site of the injection
- Itchiness: all over your body
- Coughing
- Wheezing while breathing
- Weakness all over
- Feel like passing out
- Sensation of throat closing
- Nausea or vomiting
- Increased heart rate

### **HCPH** wants you to stay Healthy and Safe!

Please visit <u>www.hcphtx.org</u> or <u>www.readyharris.org</u> for additional COVID-19 information. If you think you might be having a severe allergic reaction after leaving the vaccination site, seek immediate medical care by calling 911.











